



Gems Akademia
International School
Gems Akademia International School

SUMMER HOLIDAY HOMEWORK FOR GRADE: V (2022-2023)

*Holidays are tremendous fun
So much to do for everyone
In countryside so fresh and green
Perhaps a paddle in the stream*

*Some stay at home, some go away
It doesn't matter where you stray
Your time's your own, no jobs to do
Perhaps a visit to the zoo*

*Sometimes the sun sometimes the rain
The main thing is that you stay sane
And treasure all the hours together
Having fun whatever the weather.*

This Summer Break try and make a difference

- **Appreciate Nature** - Go for long walks in a park or garden with your family and friends. . Learn from their experiences. They are living story books. Adopt /grow a plant.
- **Unravel the artist in you** - Create a new story, try a new recipe with your mom, learn a new song, play a new instrument.
- **Good manners are the key** - Respect your parents, grandparents and all elders. Use three magical words (Sorry, Please and Thank you) often. 'A little more courtesy goes a long way.'
- **Stay Fit, Stay Healthy** - Play your favourite game / sport regularly. Develop in yourself the spirit of sportsmanship & sense of healthy competition.
- **Learn about your Heritage** – Find some time to visit museum and monuments. Read about them. Learn 5 new things related to your country.
- **Save Nature** – Contribute to save our precious environment. Mini Minimize the wastage of resources like water, fuel and electricity.

Must do:-

- *Eat healthy food and drink lots of water & juices.*
- *Read every day.*
- *Do not watch T.V for long stretch of time.*
- *Revise the concepts taught.*

MY READING LIST

A person is known by the book he/she reads.....

MYSTERY

FICTION

BIOGRAPHY

HUMOUR

SCI-FI

- Make a list of books you would like to read this summer break.
- No matter how busy you are, find time for reading.
- Travel with your book.
- Seek help from your parents.
- Learn new things and virtues from it.

BOOKS I READ IN MAY

- ❖ _____
- ❖ _____
- ❖ _____

BOOKS I READ IN JUNE

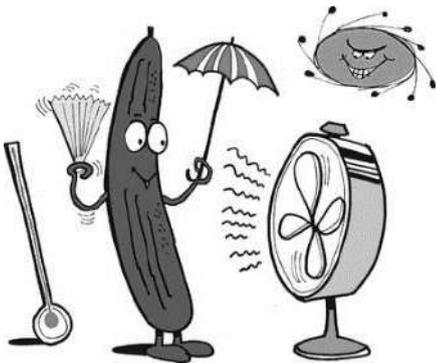
- ❖ _____
- ❖ _____
- ❖ _____

CROSS-CURRICULAR TOPIC: FOOD

ENGLISH

What is your reaction when you are served the food you don't like?
Describe in 50 to 60 words

Given below are some pictures related to idioms. Write the idiom and
make a sentence. Draw and write any 4 idioms of your own.



1



2



3



4

MATHS

Calories refer to the amount of energy in a food item or drink. An average person needs around 2500 calories a day. When we eat or drink more calories than we use up, our bodies store the excess as body fat.

a) Below is the table representing the calorie intake of four members of a family. Complete the table

	Breakfast	Lunch	Snacks	Dinner	Total
Member A	350 calories	1400 calories	400 calories	300 calories	_____
Member B	_____	1300 calories	450 calories	500 calories	2600 calories
Member C	200 calories	_____	200 calories	1000 calories	2450 calories
Member D	500 calories	1200 calories	250 calories	_____	2100 calories

b) A 10-year old child requires 1800-2200 calories per day. Make a diet plan for yourself according to the requirements. (Hint: 1 chapati = 80-110 calories; 1 bowl of rice = 180 calories; 1 cup milk = 70 calories; 1 cup ice cream = 200 calories) Complete the chart.

	Food items	Calorie count	Total	Balanced diet taken or not
Breakfast	1			
	2			
	3			
Brunch	1			
	2			
	3			
Lunch	1			
	2			
	3			
Snacks	1			
	2			
	3			
Dinner	1			
	2			
	3			

SCIENCE

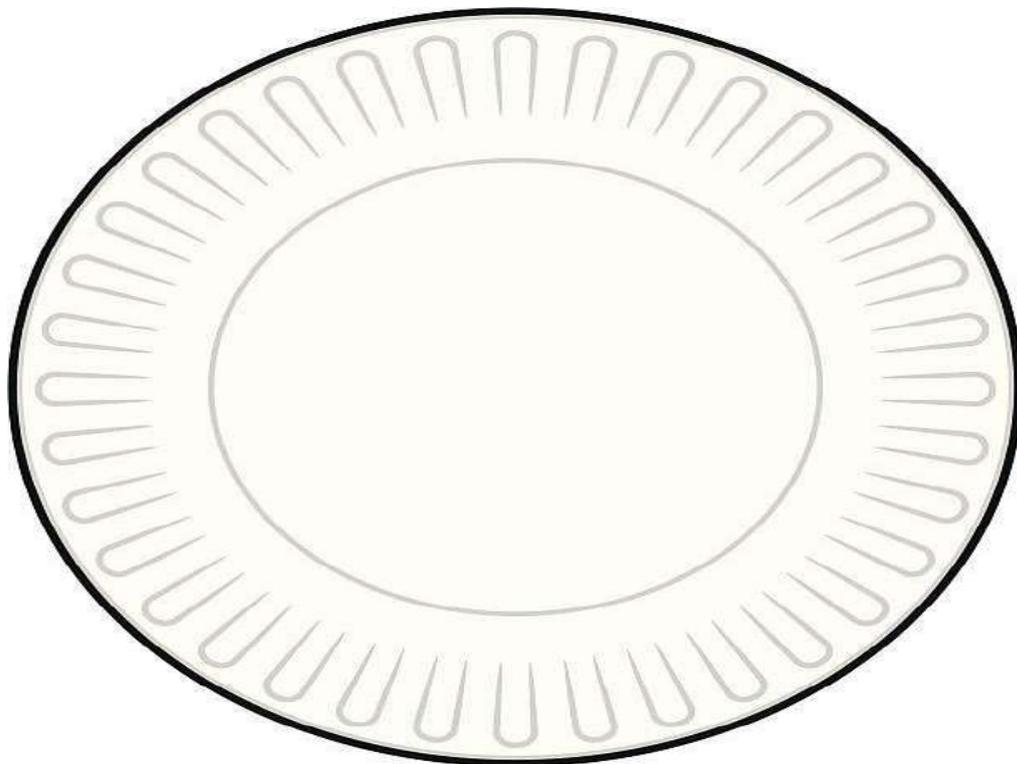
EAT HEALTHY STAY HEALTHY

Write down some of your good and bad eating habits.

BAD EATING HABITS

GOOD EATING HABITS

On the plate below draw and colour the food you think would make a healthy diet.



Name a healthy snack.

Name an unhealthy snack.

Write any two ways to stay fit.

SOCIAL STUDIES

FOOD PLATTER

(a) Make a Scrap Book

(b) Paste the pictures of any 5 popular dishes of the following continents. Also write the name of the country of origin.

- ❖ *Asia*
- ❖ *Africa*
- ❖ *Australia*
- ❖ *North America*
- ❖ *South America*
- ❖ *Europe*

COMPUTER STUDIES

Topic: Create a Power Point Presentation on Global Warming. The presentation should contain the following points.

- Definition of Global Warming.
- Factors responsible for global warming.
- Causes of global warming.
- Effects of global warming.
- Solutions to global warming.
- Conclusion

L2: BENGALI

একটি ১/২ চার্ট পেপারে পোস্টার বানাও

“এই গরমেও থাকতে কুল (COOL - ঠান্ডা)
মানতে হবে এইসব রুল (RULE - নিয়ম)”

প্রচন্ড গরমে সবসময় এসি ঘরে বসে না থেকেও কোন কোন সাধারন নিয়মগুলি (৫/৬
টি) মেনে চললে নিজেকে ঠান্ডা রাখা যায় ও ছোটখাটো অসুখ থেকে নিজেকে দূরে
রাখা যায় – সেগুলি সুন্দর করে লিখে ও ছবির সাহায্য নিয়ে একটি পোস্টার বানাতে
হবে।

L2:HINDI

'मेरे सपनों का भारत 2050 में कैसा होगा ?' विषय पर अपनी कल्पनानुसार एक चार्ट बनाएँ | निम्नलिखित बिन्दुओं की सहायता से अपना रंगीन तथा आकर्षक बनाएँ|

- नई तकनीकी शिक्षा उपकरण
- खाना खजाना
- प्रतिदिन की दिनचर्या को सफल करने के लिए नए यंत्र |

L3: French

Make a chart on 5 famous places containing information about their food, culture, monuments etc. Stick relevant pictures or make models

L3: SPANISH

Make a chart work on words with letters of the Spanish Alphabet.

L3: BENGALI

Write Swarabarno (অ to ঔ) and make relevant pictures with the same on a chart paper.

L3: HINDI

- ❖ Make a chart with swar letters.
- ❖ Topic swar pariwar.
- ❖ Draw/paste pictures.



A separate folder to be made for the Holiday Homework

Holiday Homework submission date: 20th June 2022

Enjoy the summer vacation