



These guidelines aim to ensure the safety and hygiene of all students using the swimming pool facility. It is essential for all students to follow these guidelines to ensure a pleasant and safe swimming experience.

Swimming Pool Guidelines:

Changing Rooms:

1. Students should change in the designated changing rooms and not in the pool area.
2. Students can use lockers provided in the changing room to store their belongings.
3. The changing rooms should be kept clean and tidy at all times.
4. Students should not share personal items such as towels or swimwear with other students.
5. Any lost items should be reported to the swimming pool staff immediately.
6. Students should not damage any school property, including lockers, walls, or fixtures.

Shower Rooms:

1. All students must take a shower before entering the pool.
2. Students should take a quick shower and not waste water.
3. Students should not use any soap, shampoo, or other personal care products in the shower room.
4. The shower rooms should be kept clean and tidy at all times.
5. Students should not spend excessive time in the shower room.
6. Students should not damage any school property.

Pool Area:

1. All students must follow the instructions given by the swimming coach.
2. No diving or going to deep areas without coach permission.
3. Don't go inside the pool if your health is not good. Running is not allowed in the pool area.
4. Students should behave properly and not disturb other students.
5. Students should not carry any expensive articles or money to the pool area.
6. Students should not eat or drink in the pool area.

Medical Condition:

Students with any medical conditions or injuries should inform the swimming coach before entering the pool.

General Responsibility:

1. Students should use water responsibly and conserve it as much as possible.
2. Students should report any leaks or water wastage to the swimming pool staff immediately.
3. Students should maintain discipline and not disturb other students.
4. Students should not make excessive noise in the pool area.
5. Students should respect the school property and not damage it.
6. Students should follow the discipline policy of the school, and disciplinary action will be taken against any student who violates the guidelines.

Locker usage:

1. Students can bring locks for the lockers.
2. Students should not damage any school property, including lockers, walls, or fixtures.
3. Students are responsible for their locker keys.
4. Students need to open locker and collect all belongings before leaving pool area.

NOTE : The school will not take responsibility for any lost or damaged personal belongings.



Dear Parent

Please find below details of swimming kit.

1. **Swimsuit:** For girls, a one-piece swimsuit . For boys, trunks or swim shorts. Look for suits that are made of durable material and fit well.
2. **Swim cap:** A swim cap can help keep hair out of the face and reduce drag in the water. Look for silicone or latex caps that fit snugly but comfortably.
3. **Goggles:** Goggles can protect children's eyes from chlorine and help them see underwater. Look for goggles with adjustable straps and lenses that are shatterproof and anti-fog.
4. **Towel:** A quick-drying towel is ideal for trips to the pool. Microfiber towels are lightweight and absorbent, making them a great choice.
5. **Flip-flops:** Flip-flops can help prevent slips and falls on wet pool decks. Look for sandals with non-slip soles and comfortable straps.
6. **Waterproof bag:** A waterproof bag can keep wet swimsuits and towels separate from dry clothes and school supplies. Look for a bag with a secure closure and adjustable straps.

Remember, to label (Name, class and section) each item in your child's swimming kit to avoid mix-ups.

7. **Comb / hair brush along with water bottle.**

Regards